

Richard Henry MSc MA, is an artist and teacher with particular interest in the contemplative aspects of pattern. He has a background in philosophy and cognitive psychology and studied for two years under Keith Critchlow, one of the world's leading authorities on sacred geometry and Islamic patterns. Richard has subsequently lectured widely on these subjects, and has devised and taught a number of practical courses on the geometry of Islamic patterns for the British Museum in London's Worlds Arts and Artefacts programme. He has undertaken field studies in Egypt, Morocco, Syria, Turkey and Iran.

Richard is the co-editor and illustrator of Miranda Lundy's Sacred Number, a book about the history and symbolism of number, and has participated in a number of group shows and educational projects exploring links between geometry and art. Richard is on the faculty of the Wisdom University and teaches sacred geometry on their programme at the cathedral of Chartres in France. He is a visiting lecturer at the The Prince's School of Traditional Arts, the Slade School of Fine Art, Central St Martins and an associate lecturer at the Open University in London.

Adam Williamson is a skilled stone/wood carver and practising artist in many media. He undertakes interior, architectural and sculptural commissions. He has been commissioned by among others HRH the Prince of Wales, Oxford University, Shakespeare's Globe London, Kew Gardens, Westminster Abbey, Pakistan Embassy, Foreign Office in Vienna and London Zoo.

Adam studied under Keith Critchlow at The Prince's School of Traditional Arts in London and is a leading specialist in biomorphic art (Arabesque / Islimi). He is a sessional lecturer at Birkbeck, University of London, has lectured at Cambridge University and taught in schools and museums across London, including the British Library, V&A, British Museum and PSTA. Adam wrote the Islimi chapter for the recently published Thames and Hudson book: *Arts and Crafts of the Islamic Lands*.

Adam has traveled around the world to work with artists, including Mount Athos, Greece, Spain, Morocco and Turkey. He was the subject of a documentary when he traveled to Malaysia and Indonesia looking at woodcarving and biomorphic art in that area. He has recently completed a yearlong project reviving traditional cedar carving skills with the First Nations Ahousaht community on the coast of British Columbia in Canada.

Lateefa Spiker lives and works in east London. Her reflective work explores the structures and flowing forms of traditional Islamic pattern and investigates the relationship between the transient and the infinite, spontaneity and order and the traditional and contemporary.

Introducing movement into stasis, her work meditates on the conflict of opposites and what lies beyond it.

Lateefa spent her nomadic childhood in the UK, USA, Jordan and Spain. Her work encompasses a range of mediums such as oil on canvas, gouache on gesso board, prints, drawings and kinetic installations.

Lateefa attended the Princes Foundation in the Building Arts in 2000 where she studied sacred geometry under professor Keith Critchlow, she went on to a degree in fine art at Northumbria University. She subsequently lived and studied in Cairo and Andalusia, returning to London in 2006 where she has since been working to commission, teaching and collaborating with other artists.

She has recently completed a yearlong project reviving traditional cedar carving skills with the First Nations Ahousaht community on the coast of British Columbia in Canada.